

## Purpose

If you belong to Jesus, then you are His disciple, and you are in a spiritual war which He has commanded you to fight. You are called to fight against sin, Satan, and the powers of hell, and to fight for truth, joy, and life in yourself and others. Fight Clubs are one way you can join in this fight!

Through Fight Clubs, you will get serious about God's Word and consume it like food. You will stop isolating yourself and instead you will join in the fight alongside fellow brothers and sisters that God has united you to in Christ. You will be uncomfortably honest with your struggles because you hate sin and love Jesus. You will allow others into your brokenness because it pushes you to depend on the gospel. You will be reminded and partake of the grace of God until it transforms the posture of your heart. You will pray for those who don't know Jesus and see God save them as you purposefully weave them into life and mission. You will see God's Spirit transform you and others, even when you fail in all of this.

Jesus fought, died, and rose to destroy the enemies that are killing you, and He's calling you to join in the fight!  
***"Fight the good fight of the faith" 1 Timothy 6:12***

## Process

Fight Clubs are for those who are willing to fight. Start with people who are desperate and committed to the process. These groups consist of 2-3 people of the same gender. When a fourth joins, the group multiplies. Fight Clubs are simple. There is no leader. You may plan to meet weekly, bi-weekly, or monthly for approximately 1-2 hours.

### Develop Vulnerability and Intimacy:

- Set guidelines for your group. As you study God's Word, confess sin, vulnerably connect, and have gospel-centered conversations, ensure your group is a place where all that is discussed is handled lovingly and confidentially. Talk about what it will look like to work through sin together and fight for growth in the gospel.
- For your initial meetings, have each person in the group share his or her story/testimony. This "story time" develops intimacy as you get to know one another more deeply. As each person shares, ask questions and edify the person in Christ based upon what you learn. Then, pray over this individual. Do not skip over this story time. It is essential as you build deeper friendships and develop trust within the group. This time also provides useful insights as you study God's Word together.
- As much as possible, spend time together outside of your scheduled Fight Club meeting times. Do fun, organic things that you all enjoy, and grow your friendships within the group.

### Fight in these 4 Ways:

#### 1. **FIGHT FOR TRUTH**

Read and discuss the Bible together during each meeting. Decide on a Bible reading plan, rotate who chooses a book of the Bible, or read the book of the Bible being preached on Sundays. If the Fight Club chooses a personal Bible reading plan to follow together outside the group's meeting times, and one person doesn't finish his or her assigned readings, then everyone should re-read the scripture again and trust that God has more to reveal. You may also use a supplemental resource to help your group exposit the scripture and guide your discussion about the text. In this case, recommended resources are included at the end of this document.

#### 2. **FIGHT SIN**

Sin stems from unbelief in who God is and what He has done. Confess this sin and unbelief to one another. Use the "Fight Club Guide" in this document. Remind each other about the gospel and celebrate the grace of God through Christ. Fight Clubs must be an environment of honesty, confidentiality, and grace.

#### 3. **FIGHT FOR FRIENDSHIP**

The beautiful reality of being a devoted friend marked by love, companionship, loyalty, and so forth was not our invention. Friendship began within God, and it's His idea. Jesus stepped out from within the blazing love of the Triune God, came down into this world, and said to us, "I have called you friends" (John 15:15). We made ourselves His enemies, but he restored us as His friends. Always seek to build your friendships within the group. Spend quality time together and learn each other's stories.

#### 4. **FIGHT FOR OTHERS**

Have each person in the group share about 1-2 friends who are lost and need Christ. Then, pray for them individually and every time you meet as a group. Let the scripture you are reading guide you during your prayer time and utilize the "Fight Club Guide" within this document. Make sure you spend time praying and thinking about how you can weave those you are praying for into gospel community and mission.

## Fight Club Guide

#### 1. **FIGHT FOR TRUTH**

Read the scripture and reflect on the truths of God so your thoughts and feelings are centered on Christ. Meditate on the Word of God to shape your prayer life. Here is a prayer guide modeled after the Lord's prayer regarding how Jesus teaches us to pray using His Word.

##### **Scripture Reading and Prayer Guide:**

**Appear:** What is God saying and what is happening in the text?

**Adore:** What did you learn about God for which you can thank and praise Him?

**Admit:** What did the scriptures reveal that you may need to confess? What will repentance look like?

**Aspire:** What is God leading you to ask for and act on?

Once you have answered these questions, continue to meditate on God's Word together. Turn this meditation time—categorized as adoration, admission, and aspiration—into group and personal prayer time.

#### 2. **FIGHT SIN**

Underlying all sinful behavior is a failure to believe the truth about God and what He has done. When we believe a lie about God (head), we love and worship something other than God (heart), which leads us to disobey God (hands). Rehearsing, embracing, and delighting in the truth about God is how we daily fight the good fight of the faith.

- **God is great** - so we don't need to be in control.
- **God is glorious** - so we don't need to fear others.
- **God is good** - so we don't need to be satisfied elsewhere.
- **God is gracious** - so we don't need to prove ourselves.

##### **A Guide to Fight Sin:**

- What sin is causing you to disobey God? Why?
- What lie about God is behind this sin?
- Which of the 4 truths about God, shown above, do you most need to embrace?
- How can this truth set you free from your sin?

After someone confesses sin, someone else in the group should pray over this person and ask for God to bring about repentance and restoration. Pray to be reminded of the truth and hope found in Christ alone.

#### 3. **FIGHT FOR FRIENDSHIP**

Gospel-centered friendships must be cultivated. They are like gardens needing continuous attention to nurture the vegetation and to keep out the weeds. To keep your friendships saturated with the gospel, you'll need to pay attention to the nurturing and quality of your friendships. Weeds love to germinate in blind spots and through our weaknesses.

##### **Christian Friends...**

- Keep Jesus first and seek to honor him and live like Him
- Speak with truth and love
- Are humble and selfless
- Pursue, pray, honor, and edify each other in Christ
- Do life together

#### 4. **FIGHT FOR OTHERS**

In the spaces below, write the names of friends who don't know Jesus and pray for them.

\* \_\_\_\_\_ \* \_\_\_\_\_ \* \_\_\_\_\_

1. Father, I pray that for your name's sake that you draw \* to yourself and that \* would seek you.
2. Prevent Satan from blinding \* to the truth of who you are so that \* hears you and believes the gospel.
3. I pray that the Holy Spirit would convict \* of his/her sin and need for Christ's redemption.
4. I pray that you give me the opportunity, the courage, and the words to share the truth with \*.
5. I pray that \* turns from his/her sin, confesses Jesus as King, grows in Christ, and treasures you above all.

## Recommended Resources

The goal of Fight Clubs is always to prioritize studying the Word of God and praying together in agreement with His Word in the power of the Holy Spirit. If your Fight Club is having difficulty making it through a certain text or book of the Bible, then these resources may be helpful as you study and exposit the scriptures together.

### English Resources:

Gospel DNA (Understanding the Gospel) – Jeff Vanderstelt  
Living Life Backward (Ecclesiastes) – David Gibson  
Rediscovering Joy (Galatians) – Tim Chester  
To Live Is Christ, To Die Is Gain (Philippians) – Matt Chandler  
The Cross and Christian Ministry (1 Corinthians) – D.A. Carson  
Redemption (Exodus) – Mike Wilkerson  
Trusting God in the Darkness (Job) – Christopher Ash  
ESV Knowing the Bible series – Crossway  
Let's Study series – Banner of Truth  
The Gospel According to The Old Testament series – P&R Publishing  
God's Word for You series – The Good Book Company  
Storyteller Bible Study series – Lifeway  
Prayer – Tim Keller  
With Christ in the School of Prayer – Andrew Murray

### Spanish Resources:

Cómo Estudiar e Interpretar La Biblia – R.C. Sproul  
A los Pies del Maestro – Charles Spurgeon  
Ética Cristiana – Miguel Núñez  
La Oración – Tim Keller  
Escuela de la Oración – Andrew Murray